

Ballet School Safety Policies ~ School Year 2020/2021

The following guidelines are meant to create the safest public space reasonably possible to limit the risks of transmitting Covid-19, while maintaining a friendly, welcoming, and productive environment for our students and their families.

The biggest part of reducing the spread of Covid-19 will be for each family to carefully monitor the health of its members and pledging to keep their dancer home if there is any sign or concern of illness at home.

Dancer Drop-off and Pick-up

- Our waiting room will become a drop off/entrance area. The area will be limited to one dancer at a time or members of the same family only. Parents, family members, and guardians will be asked to wait outside during class time, though they are welcome to pass through the waiting room to use the restroom.
- For the time being, the dressing room will be closed to all dancers. Students will be asked to come to class as prepared as possible and use the bathroom for any necessary changing.
- At the end of class, parents and guardians please wait by your car. I will oversee each dancer's departures, making sure they have their belongings, and that they safely reach your loving arms.

What to Bring to Class

- A filled water bottle. We will avoid using our water dispenser in the studio though water will be available if needed.
- Anything needed for dancing including a face mask, and a bag to keep any street clothing and belongings in, this will be stored in the studio rather than the waiting room. Please leave shoes in the waiting room.
- Dancers may be asked to bring a towel for stretching and floor exercises, as well as socks and sneakers for any outdoor training we may do.

Studio Procedures/Masks/Distancing

- All dancers will be asked to either wash their hands or use the provided hand sanitizer before entering the studio from the waiting room. Personal hand sanitizers must meet CDC Covid-19 requirements.
- Class size will be limited and structured in a way to provide each student with plenty of personal space. The windows will be kept open when the weather allows. We may conduct parts of class outside in our driveway/parking area.
- Dancers and family members will be required to wear a mask whenever inside the studio building, this includes during class unless accompanied by a doctor's note. When the weather allows, we may conduct part of the class outside where masks will not be required. Classes will be modified so dancers can train safely, and students will be permitted to leave the studio to take a break and get fresh air outside as needed.
- I will be keeping my distance from students, teaching from the front of the room, and not giving any hands-on corrections. However, if a dancer requires my help, such as to administer first aid, I will break physical distance guidelines when necessary.
- Students who show signs of illness or who fail to follow safety policies will be sent home.
- Between classes, windows will be opened to allow for maximum air exchange and all high-touch surfaces, including door handles, doorframes, light switches, and barres, will be thoroughly cleaned.

Permission and Waiver to Attend Classes at The Ballet School

School Year, 2020/2021

Please **initial** each statement, complete the contact information, and sign and date below.

_____ I have read, understand, and agree to comply with The Ballet School's Safety Policies. I understand that The Ballet School and its representatives have the right to send a student home if they are showing signs of illness or for failure to comply with our safety standards.

_____ I understand that, while every effort will be taken to avoid the spread of Covid-19, The Ballet School cannot be held liable should a student or family member contract or be exposed to the virus while on Ballet School grounds. I enroll my dancer with full knowledge of the potential risks of illness or injury while attending Ballet School classes and give my permission for indoor and outdoor training.

_____ I will notify The Ballet School and keep my dancer home if they, or anyone in our family, are showing any signs of illness or if any member of our family is known to have been exposed to a confirmed case of Covid-19.

_____ I understand that classes will be canceled if the instructor, or a member of her family, is exhibiting any sign of illness, and I have provided the best contact methods below to be notified in the event of a cancelation.

_____ I agree to hold harmless The Ballet School, its owners, officers and employees from and against any and all liability, claims, damages and/or actions that arise out of or are related to my dancer attending Ballet School classes.

Phone: _____ Email _____ Text _____

_____ Student's Name

_____ Signature of Parent or Guardian

_____ Printed Name of Parent or Guardian

_____ Date

Please return to The Ballet School by email: elizabeth@theballetschool.com or by post:

The Ballet School, 799 Middlesex Road, Topsham, ME 04086